

# Salem Football

## Lions

Salem High School  
700 North Harrison S  
Salem, IN 47167  
Salemlionsfootball.com

*Attitude*  
*Character*  
*Effort*

Twitter: @SalemLions\_FB



Brian Glesing (Head Coach)  
(812) 883-3904 (School)  
(502) 592-3698 (Cell)  
bglesing@salemschools.us

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## Winter/Spring Workouts 2023-2024

Monday 3:35pm-5:15pm, 6:00pm-7:30pm

Tuesday 3:35pm-5:15pm

Wednesday 3:35pm-5:15pm

Thursday 3:35pm-5:15pm

\*\*No workouts on Fridays!

Workouts begin the week of November  
27 & end on Thursday, May 9

1. Workouts are open to all Salem High School & Middle School students (Male & Female).
2. If participating in an IHSAA sport (In-Season), you don't need to attend!
3. Middle School Basketball/Wrestlers: During your season, Middle School Basketball players & wrestlers can attend workouts on if there is no conflict with practices/games.
4. Football players (including next year's 9<sup>th</sup> grade) attend 2 after-school workouts each week, except those who are enrolled in Mr. Glesing's Advanced P.E. class. Those enrolled in Mr. Glesing's class only attend 1 workout each week.
5. If you are unable to attend the workouts, see Coach Glesing and arrangements can be made for alternative days/time.
6. If school is canceled, the workout is canceled
7. We will meet in the football locker room at the high school. Females may use the PE Locker Room to change, then meet in the hallway outside the football coaches' office.
8. We wil begin promptly at the start time.

If you are unable to attend,  
contact Coach Glesing &  
arrangements can be made for  
alternative times!

**Attitude**

**Character**

**Effort**